

# Menu Calendar Nutrient Analysis Report - May, 2024

Site: COATESVILLE IHS  
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>INT Lunch, D13 - ServingDate: 05/01/2024</b>																			
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	100	625.58	16.79	5.21	0.00(M)	51.34 (M)	1138.67	93.20	9.83	37.62 (M)	24.17 (M)	25.18	2.65(M)	228.65 (M)	4544.04 (M)	16.21 (M)	0.00(M)	140.73 (M)	9.35(M)
PANCAKE SAUSAGE BITES LUNCH - ER1119 (6 piece)	200	360.00	18.00	5.00	0.00	50.00	560.00	30.00	6.00	8.00	(M)	12.00	20.00	4.00	0.00	0.00	(M)	(M)	(M)
Sandwich, Chicken Patty, HS, MMA, WG - LR100072 (1 sandwich)	200	410.00	13.00	2.00	0.00	50.00	770.00	46.00	5.00	3.00	1.00(M)	27.00	4.00	69.00	1.00(M)	1.00(M)	0.00(M)	689.96 (M)	(M)
Potatoes, Fries, Harvest Splendor Sweet Potato Crosstrax, 3.02 oz, McCain, MCF05074, Veg-RO - SR106352 (6 1/8 ounces)	450	320.00	12.00	2.00	0.00	0.00	380.00	50.00	2.00	16.00	2.00	2.00	0.80	60.00	2840.00	0.00(M)	0.00	539.56	(M)
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	450	65.00	0.00	0.00	0.00	0.00	2.50	16.00	0.00	15.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Pears, Bartlett, canned, diced, packed in extra light sucrose syrup [110237] - SR105228 (1/2 c.)	450	57.99	0.12	0.00	0.00	0.00	2.00	15.12	2.00	(M)	(M)	0.38	0.24	8.00	0.00	2.50	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	450	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)
Condiment Variety - LR100157 (1 serv.)	350	107.29	7.88	0.76	0.00(M)	3.79(M)	468.47	7.45	0.00(M)	4.55	2.66(M)	0.00	0.00	6.30	94.50 (M)	0.00(M)	0.00(M)	0.00(M)	(M)
<b>INT Lunch, D14AB - ServingDate: 05/02/2024</b>																			
Chicken, General Tso's Whole Grain, Green Dragon, Asian Food Solutions, 72003, MMA, WGR - SR106073 (4 ounces)	200	213.23	7.11	1.02	0.00	50.77	456.92	24.37	2.03	13.20	14.22	12.18	0.73	20.31	0.00	0.00	(M)	(M)	(M)
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	100	625.58	16.79	5.21	0.00(M)	51.34 (M)	1138.67	93.20	9.83	37.62 (M)	24.17 (M)	25.18	2.65(M)	228.65 (M)	4544.04 (M)	16.21 (M)	0.00(M)	140.73 (M)	9.35(M)
French Bread Cheese Pizza - SR100365 (1 portion)	200	300.00	11.00	3.50	0.00	15.00	430.00	32.00	3.00	8.00	2.00	17.00	2.30	320.00	110.00	2.00	0.00	460.00	(M)
Rice, Brown Whole Grain Parboiled, Riceland, 4628053, WGR - SR107221 (44 grams)	200	160.00	1.50	0.00	0.00	0.00	2.66	33.00	2.00	0.00(M)	(M)	4.00	0.72	2.66	0.00	0.00	(M)	(M)	88.71 (M)

# Menu Calendar Nutrient Analysis Report - May, 2024

Site: COATESVILLE IHS  
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Ash (g)
<b>INT Lunch, D13 - ServingDate: 05/01/2024</b>	
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	0.09(M)
PANCAKE SAUSAGE BITES LUNCH - ER1119 (6 piece)	(M)
Sandwich, Chicken Patty, HS, MMA, WG - LR100072 (1 sandwich)	(M)
Potatoes, Fries, Harvest Splendor Sweet Potato Crosstrax, 3.02 oz, McCain, MCF05074, Veg-RO - SR106352 (6 1/8 ounces)	(M)
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	(M)
Pears, Bartlett, canned, diced, packed in extra light sucrose syrup [110237] - SR105228 (1/2 c.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
Condiment Variety - LR100157 (1 serv.)	(M)
<b>INT Lunch, D14AB - ServingDate: 05/02/2024</b>	
Chicken, General Tso's Whole Grain, Green Dragon, Asian Food Solutions, 72003, MMA, WGR - SR106073 (4 ounces)	(M)
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	0.09(M)
French Bread Cheese Pizza - SR100365 (1 portion)	(M)
Rice, Brown Whole Grain Parboiled, Riceland, 4628053, WGR - SR107221 (44 grams)	0.09(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>INT Lunch, D14AB - ServingDate: 05/02/2024</b>																				
Baby Carrots School Pack, 100/2.6oz, Grimmway Farms 88139, VEG-RO - SR108587 (1 Bag)	350	30.00	0.00	0.00	0.00	0.00	60.00	7.00	2.00	5.00	(M)	1.00	0.36	20.00	(M)	(M)	(M)	(M)	(M)	(M)
Soybean, Shelled Edamame IQF Frozen, Monarch, US Foods, 61101, Veg-BP - SR109760 (1/2 c.)	300	120.00	6.00	0.50	0.00	0.00	15.00	9.00	4.00	3.00	(M)	11.00	2.70	150.00	0.00	24.00	(M)	(M)	(M)	(M)
Apples, Slices, 2 oz. bags, Peterson Farms, 203102 - SR107959 (1 Bag)	450	30.00	0.00	0.00	0.00(M)	0.00(M)	0.00	7.00	1.00	6.00	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	39.00	(M)	(M)	(M)	(M)
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	450	65.00	0.00	0.00	0.00	0.00	2.50	16.00	0.00	15.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	450	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)	(M)
Condiment Variety - LR100157 (1 serv.)	75	107.29	7.88	0.76	0.00(M)	3.79(M)	468.47	7.45	0.00(M)	4.55	2.66(M)	0.00	0.00	6.30	94.50 (M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)
<b>INT Lunch, D15ALT-B - ServingDate: 05/03/2024</b>																				
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	100	625.58	16.79	5.21	0.00(M)	51.34 (M)	1138.67	93.20	9.83	37.62 (M)	24.17 (M)	25.18	2.65(M)	228.65 (M)	4544.04 (M)	16.21 (M)	0.00(M)	140.73 (M)	9.35(M)	(M)
Sandwich, Buffalo Chicken Melt, MMA, WG - LR100222 (1 sandwich)	200	327.51	14.95	4.92	0.06	43.31	668.45	28.75	2.00	2.00	0.00(M)	18.20	2.40	193.05	45.53 (M)	0.62(M)	0.23(M)	404.47 (M)	3.86(M)	(M)
Sandwich, Spicy Chicken Patty, MMA, WG - LR100111 (1 sandwich)	200	370.00	12.00	2.00	0.00	45.00	620.00	41.00	4.00	3.00	1.00(M)	25.00	3.00	56.00	1.00(M)	1.00(M)	0.00(M)	769.86 (M)	(M)	(M)
Salad, Garden, Veg-DG, Veg-RO, Veg-O - LR100139 (1 cup (washe))	400	25.27	0.30	0.05	0.00	0.00	43.64	4.90	1.96	1.81	(M)	2.14	1.52	59.47	7632.15	19.33	0.00	400.16	136.64	(M)
Vegetable, Celery Sticks and Ranch, Veg-O - SR105977 (1/2 c.)	400	98.40	7.10	1.02	0.00	5.00	328.00	7.78	0.96	1.80	(M)	0.41	0.12	44.00	269.40	1.86	0.00(M)	156.00 (M)	57.26 (M)	(M)
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	450	65.00	0.00	0.00	0.00	0.00	2.50	16.00	0.00	15.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)

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Item Name (Serving Size)	Ash (g)
<b>INT Lunch, D14AB - ServingDate: 05/02/2024</b>	
Baby Carrots School Pack, 100/2.6oz, Grimmway Farms 88139, VEG-RO - SR108587 (1 Bag)	(M)
Soybean, Shelled Edamame IQF Frozen, Monarch, US Foods, 61101, Veg-BP - SR109760 (1/2 c.)	(M)
Apples, Slices, 2 oz. bags, Peterson Farms, 203102 - SR107959 (1 Bag)	(M)
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
Condiment Variety - LR100157 (1 serv.)	(M)
<b>INT Lunch, D15ALT-B - ServingDate: 05/03/2024</b>	
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	0.09(M)
Sandwich, Buffalo Chicken Melt, MMA, WG - LR100222 (1 sandwich)	0.34(M)
Sandwich, Spicy Chicken Patty, MMA, WG - LR100111 (1 sandwich)	(M)
Salad, Garden, Veg-DG, Veg-RO, Veg-O - LR100139 (1 cup (washe)	1.16
Vegetable, Celery Sticks and Ranch, Veg- O - SR105977 (1/2 c.)	0.45(M)
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>INT Lunch, D15ALT-B - ServingDate: 05/03/2024</b>																				
Tangerines, (mandarin oranges), canned, juice pack - SR105085 (1/2 c.)	450	46.06	0.04	0.00	0.00	0.00	6.22	11.91	0.87	11.04	(M)	0.77	0.34	13.70	1060.74	42.58	0.00	165.59	111.44	
Milk Selection - LR100044 (8 oz.)	450	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)	
Condiment Variety - LR100157 (1 serv.)	300	107.29	7.88	0.76	0.00(M)	3.79(M)	468.47	7.45	0.00(M)	4.55	2.66(M)	0.00	0.00	6.30	94.50 (M)	0.00(M)	0.00(M)	0.00(M)	(M)	
<b>INT Lunch, D1 - ServingDate: 05/06/2024</b>																				
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	100	625.58	16.79	5.21	0.00(M)	51.34 (M)	1138.67	93.20	9.83	37.62 (M)	24.17 (M)	25.18	2.65(M)	228.65 (M)	4544.04 (M)	16.21 (M)	0.00(M)	140.73 (M)	9.35(M)	
Sandwich, Cheeseburger, MMA, WG - LR100073 (1 sandwich)	200	375.69	17.56	7.03	0.50	57.66	772.75	33.01	3.00	2.51	0.00(M)	20.53	3.08	135.48	1.00(M)	1.00(M)	0.00(M)	25.31 (M)	(M)	
The Max Cheese Sticks w/Marinara Dipping Sauce, MMA, WG - LR100107 (1 serv.)	200	333.61	14.23	5.00	0.00	10.00	811.75	34.72	4.45	3.81	(M)	14.45	0.24(M)	4.54(M)	113.40 (M)	1.36(M)	(M)	(M)	(M)	
Baby Carrots School Pack, 100/2.6oz, Grimmway Farms 88139, VEG-RO - SR108587 (1 Bag)	300	30.00	0.00	0.00	0.00	0.00	60.00	7.00	2.00	5.00	(M)	1.00	0.36	20.00	(M)	(M)	(M)	(M)	(M)	
Salad, Caesar Salad, Veg-DG - LR100012 (1 salad)	300	122.91	11.12	1.94	0.02	4.92	153.59	5.78	2.29	1.94	0.00(M)	2.51	1.07	52.98	9501.38 (M)	26.13 (M)	0.01(M)	3.60(M)	0.45(M)	
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	450	65.00	0.00	0.00	0.00	0.00	2.50	16.00	0.00	15.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Peaches, yellow clingstone, canned, sliced, packed in extra light syrup [100219, A433] - SR105223 (1/2 c.)	350	53.00	0.13	0.00	0.00	0.00	6.00	13.39	1.30	(M)	(M)	0.50	0.38	6.00	340.00	3.81	(M)	(M)	(M)	
Milk Selection - LR100044 (8 oz.)	450	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)	
Condiment Variety - LR100157 (1 serv.)	250	107.29	7.88	0.76	0.00(M)	3.79(M)	468.47	7.45	0.00(M)	4.55	2.66(M)	0.00	0.00	6.30	94.50 (M)	0.00(M)	0.00(M)	0.00(M)	(M)	

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Item Name (Serving Size)	Ash (g)
<b>INT Lunch, D15ALT-B - ServingDate: 05/03/2024</b>	
Tangerines, (mandarin oranges), canned, juice pack - SR105085 (1/2 c.)	0.35
Milk Selection - LR100044 (8 oz.)	(M)
Condiment Variety - LR100157 (1 serv.)	(M)
<b>INT Lunch, D1 - ServingDate: 05/06/2024</b>	
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	0.09(M)
Sandwich, Cheeseburger, MMA, WG - LR100073 (1 sandwich)	(M)
The Max Cheese Sticks w/Marinara Dipping Sauce, MMA, WG - LR100107 (1 serv.)	(M)
Baby Carrots School Pack, 100/2.6oz, Grimmway Farms 88139, VEG-RO - SR108587 (1 Bag)	(M)
Salad, Caesar Salad, Veg-DG - LR100012 (1 salad)	0.78(M)
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	(M)
Peaches, yellow clingstone, canned, sliced, packed in extra light syrup [100219, A433] - SR105223 (1/2 c.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
Condiment Variety - LR100157 (1 serv.)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>INT Lunch, D2 - ServingDate: 05/07/2024</b>																			
Chicken Tenders (HS) & pretzels, MMA, WG - LR100105 (1 serv.)	200	307.43	13.40	2.07	0.00	41.35	613.51	28.41	4.07	3.06	2.07(M)	22.68	2.45	30.00	0.00(M)	0.00(M)	0.00	905.67	0.00(M)
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	150	625.58	16.79	5.21	0.00(M)	51.34 (M)	1138.67	93.20	9.83	37.62 (M)	24.17 (M)	25.18	2.65(M)	228.65 (M)	4544.04 (M)	16.21 (M)	0.00(M)	140.73 (M)	9.35(M)
Pizza, Cheese, Stuffed Crust, 100% Mozzarella, The MAX, 5 oz, ConAgra Foodservice, 77387-12616, MMA, WGR, Veg-RO - SR102041 (1 slice cook)	150	320.00	12.00	6.00	0.00	35.00	570.00	36.00	4.00	5.00	(M)	17.00	2.40	350.00	(M)	(M)	0.00	300.00	(M)
Baby Carrots School Pack, 100/2.6oz, Grimmway Farms 88139, VEG-RO - SR108587 (1 Bag)	250	30.00	0.00	0.00	0.00	0.00	60.00	7.00	2.00	5.00	(M)	1.00	0.36	20.00	(M)	(M)	(M)	(M)	(M)
Potato, Prepared, Mashed Dehydrated Add Water Real Instant, Idahoan Foods, 2970020405, Veg-S - SR101725 (1/2 c.)	200	10.53	0.13	0.00	0.07	0.00	44.59	2.24	0.13	0.13	(M)	0.26	0.05	31.80	0.00	0.40	0.00(M)	0.00(M)	94.63 (M)
Applesauce, Unsweetened, Cinnamon, 4.5 oz. container, Peterson Farms, ASA10013, F - SR108794 (1 Container)	400	50.00	0.00	0.00	0.00	0.00	0.00	14.00	1.00	12.00	0.00	0.00	0.00	5.00	0.00(M)	(M)	0.00	95.00	(M)
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	475	65.00	0.00	0.00	0.00	0.00	2.50	16.00	0.00	15.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	450	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)
Condiment Variety - LR100157 (1 serv.)	100	107.29	7.88	0.76	0.00(M)	3.79(M)	468.47	7.45	0.00(M)	4.55	2.66(M)	0.00	0.00	6.30	94.50 (M)	0.00(M)	0.00(M)	0.00(M)	(M)
<b>INT Lunch, D3 - ServingDate: 05/08/2024</b>																			
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	100	625.58	16.79	5.21	0.00(M)	51.34 (M)	1138.67	93.20	9.83	37.62 (M)	24.17 (M)	25.18	2.65(M)	228.65 (M)	4544.04 (M)	16.21 (M)	0.00(M)	140.73 (M)	9.35(M)
Sandwich, Chicken Parm, MMA, WG - LR100155 (1 sandwich)	200	419.62	14.90	3.98	0.00	58.51	1043.97	40.28	4.93	3.86(M)	1.00(M)	29.90	3.81	152.40	56.70 (M)	0.00(M)	0.00(M)	866.46 (M)	(M)

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<b>INT Lunch, D2 - ServingDate: 05/07/2024</b>	
Chicken Tenders (HS) & pretzels, MMA, WG - LR100105 (1 serv.)	0.00(M)
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	0.09(M)
Pizza, Cheese, Stuffed Crust, 100% Mozzarella, The MAX, 5 oz, ConAgra Foodservice, 77387-12616, MMA, WGR, Veg-RO - SR102041 (1 slice cook)	(M)
Baby Carrots School Pack, 100/2.6oz, Grimmway Farms 88139, VEG-RO - SR108587 (1 Bag)	(M)
Potato, Prepared, Mashed Dehydrated Add Water Real Instant, Idahoan Foods, 2970020405, Veg-S - SR101725 (1/2 c.)	0.10(M)
Applesauce, Unsweetened, Cinnamon, 4.5 oz. container, Peterson Farms, ASA10013, F - SR108794 (1 Container)	(M)
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
Condiment Variety - LR100157 (1 serv.)	(M)
<b>INT Lunch, D3 - ServingDate: 05/08/2024</b>	
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	0.09(M)
Sandwich, Chicken Parm, MMA, WG - LR100155 (1 sandwich)	(M)



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Site: COATESVILLE IHS  
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>INT Lunch, D3 - ServingDate: 05/08/2024</b>																			
Sandwich, Chicken Patty, HS, MMA, WG - LR100072 (1 sandwich)	200	410.00	13.00	2.00	0.00	50.00	770.00	46.00	5.00	3.00	1.00(M)	27.00	4.00	69.00	1.00(M)	1.00(M)	0.00(M)	689.96 (M)	(M)
Sweet Potato Fries - SR102425 (3 1/4 oz.)	400	170.00	7.00	1.00	0.00	0.00	260.00	26.00	1.00	8.00	0.80	1.00	0.40	30.00	180.00	0.00(M)	0.00	290.00	(M)
Vegetables, Cucumber with Ranch, Veg-O - SR103739 (1/2 cup, slice)	400	122.47	11.52	1.45	0.00	14.33	388.04	4.75	0.26	2.30	0.00(M)	1.77	0.15	49.89	54.60 (M)	1.46(M)	0.00	76.44	49.52 (M)
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	475	65.00	0.00	0.00	0.00	0.00	2.50	16.00	0.00	15.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	450	60.00	0.00	0.00	0.00	0.00	5.00	16.00	2.00	12.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	450	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)
Condiment Variety - LR100157 (1 serv.)	400	107.29	7.88	0.76	0.00(M)	3.79(M)	468.47	7.45	0.00(M)	4.55	2.66(M)	0.00	0.00	6.30	94.50 (M)	0.00(M)	0.00(M)	0.00(M)	(M)
<b>INT Lunch, D4 - ServingDate: 05/09/2024</b>																			
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	100	625.58	16.79	5.21	0.00(M)	51.34 (M)	1138.67	93.20	9.83	37.62 (M)	24.17 (M)	25.18	2.65(M)	228.65 (M)	4544.04 (M)	16.21 (M)	0.00(M)	140.73 (M)	9.35(M)
French Bread Cheese Pizza - SR100365 (1 portion)	150	300.00	11.00	3.50	0.00	15.00	430.00	32.00	3.00	8.00	2.00	17.00	2.30	320.00	110.00	2.00	0.00	460.00	(M)
Top N Go Walking Tacos - LR100174 (1 serv.)	250	593.37 (M)	27.55 (M)	9.80(M)	0.00(M)	69.50 (M)	729.65 (M)	61.53 (M)	5.63(M)	2.36(M)	0.00(M)	22.53 (M)	4.66(M)	276.23 (M)	905.72 (M)	15.11 (M)	0.00(M)	261.09 (M)	9.09(M)
Beans, Taco Fiesta Black Beans Bush's Best, Veg-BP - SR109445 (3/4 c.)	300	165.00	1.50	0.00	0.00	0.00	705.00	30.00	6.00	3.00	(M)	7.50	2.70	60.00	0.00	0.00	(M)	420.00	(M)
Vegetable, Celery Sticks and Ranch, Veg-O - SR105977 (1/2 c.)	400	98.40	7.10	1.02	0.00	5.00	328.00	7.78	0.96	1.80	(M)	0.41	0.12	44.00	269.40	1.86	0.00(M)	156.00 (M)	57.26 (M)
Fruit, Sweet Apples, Fresh Cut, Slices, 2 oz package, appealingfruit - SR108280 (1 pkg.)	400	30.00	0.00	0.00	0.00	0.00	0.00	8.00	2.00	6.00	(M)	0.00	0.18	0.00	50.00	108.00	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - May, 2024

Site: COATESVILLE IHS  
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Ash (g)
<b>INT Lunch, D3 - ServingDate: 05/08/2024</b>	
Sandwich, Chicken Patty, HS, MMA, WG - LR100072 (1 sandwich)	(M)
Sweet Potato Fries - SR102425 (3 1/4 oz.)	(M)
Vegetables, Cucumber with Ranch, Veg-O - SR103739 (1/2 cup, slice)	0.20(M)
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	(M)
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
Condiment Variety - LR100157 (1 serv.)	(M)
<b>INT Lunch, D4 - ServingDate: 05/09/2024</b>	
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	0.09(M)
French Bread Cheese Pizza - SR100365 (1 portion)	(M)
Top N Go Walking Tacos - LR100174 (1 serv.)	0.07(M)
Beans, Taco Fiesta Black Beans Bush's Best, Veg-BP - SR109445 (3/4 c.)	(M)
Vegetable, Celery Sticks and Ranch, Veg- O - SR105977 (1/2 c.)	0.45(M)
Fruit, Sweet Apples, Fresh Cut, Slices, 2 oz package, appealingfruit - SR108280 (1 pkg.)	(M)

# Menu Calendar Nutrient Analysis Report - May, 2024

Site: COATESVILLE IHS  
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>INT Lunch, D4 - ServingDate: 05/09/2024</b>																			
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	450	65.00	0.00	0.00	0.00	0.00	2.50	16.00	0.00	15.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	450	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)
Condiment Variety - LR100157 (1 serv.)	75	107.29	7.88	0.76	0.00(M)	3.79(M)	468.47	7.45	0.00(M)	4.55	2.66(M)	0.00	0.00	6.30	94.50 (M)	0.00(M)	0.00(M)	0.00(M)	(M)
<b>INT Lunch, D5 - ServingDate: 05/10/2024</b>																			
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	100	625.58	16.79	5.21	0.00(M)	51.34 (M)	1138.67	93.20	9.83	37.62 (M)	24.17 (M)	25.18	2.65(M)	228.65 (M)	4544.04 (M)	16.21 (M)	0.00(M)	140.73 (M)	9.35(M)
Chicken Quesadilla - SR101365 (1 each quesadilla)	200	280.00	8.00	2.00	0.00	15.00	660.00	38.00	4.00	3.00	(M)	17.00	2.90	250.00	0.00(M)	0.00(M)	0.00	180.00	(M)
Sandwich, Spicy Chicken Patty, MMA, WG - LR100111 (1 sandwich)	200	370.00	12.00	2.00	0.00	45.00	620.00	41.00	4.00	3.00	1.00(M)	25.00	3.00	56.00	1.00(M)	1.00(M)	0.00(M)	769.86 (M)	(M)
Baby Carrots School Pack, 100/2.6oz, Grimmway Farms 88139, VEG-RO - SR108587 (1 Bag)	350	30.00	0.00	0.00	0.00	0.00	60.00	7.00	2.00	5.00	(M)	1.00	0.36	20.00	(M)	(M)	(M)	(M)	(M)
Cucumbers w/Cherry Tomatoes - LR100142 (1/2 c.)	400	10.61	0.03	0.01	0.00(M)	0.00	2.26	2.43	0.63	1.43	(M)	0.42	0.16	6.64	337.70	5.50	0.00(M)	38.22 (M)	24.76
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	450	65.00	0.00	0.00	0.00	0.00	2.50	16.00	0.00	15.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Tangerines, (mandarin oranges), canned, juice pack - SR105085 (1/2 c.)	450	46.06	0.04	0.00	0.00	0.00	6.22	11.91	0.87	11.04	(M)	0.77	0.34	13.70	1060.74	42.58	0.00	165.59	111.44
Milk Selection - LR100044 (8 oz.)	450	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)
Condiment Variety - LR100157 (1 serv.)	300	107.29	7.88	0.76	0.00(M)	3.79(M)	468.47	7.45	0.00(M)	4.55	2.66(M)	0.00	0.00	6.30	94.50 (M)	0.00(M)	0.00(M)	0.00(M)	(M)
<b>INT Lunch, D6 - ServingDate: 05/13/2024</b>																			
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	100	625.58	16.79	5.21	0.00(M)	51.34 (M)	1138.67	93.20	9.83	37.62 (M)	24.17 (M)	25.18	2.65(M)	228.65 (M)	4544.04 (M)	16.21 (M)	0.00(M)	140.73 (M)	9.35(M)

# Menu Calendar Nutrient Analysis Report - May, 2024

Site: COATESVILLE IHS  
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Ash (g)
<b>INT Lunch, D4 - ServingDate: 05/09/2024</b>	
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
Condiment Variety - LR100157 (1 serv.)	(M)
<b>INT Lunch, D5 - ServingDate: 05/10/2024</b>	
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	0.09(M)
Chicken Quesadilla - SR101365 (1 each quesadilla)	(M)
Sandwich, Spicy Chicken Patty, MMA, WG - LR100111 (1 sandwich)	(M)
Baby Carrots School Pack, 100/2.6oz, Grimmway Farms 88139, VEG-RO - SR108587 (1 Bag)	(M)
Cucumbers w/Cherry Tomatoes - LR100142 (1/2 c.)	0.10
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	(M)
Tangerines, (mandarin oranges), canned, juice pack - SR105085 (1/2 c.)	0.35
Milk Selection - LR100044 (8 oz.)	(M)
Condiment Variety - LR100157 (1 serv.)	(M)
<b>INT Lunch, D6 - ServingDate: 05/13/2024</b>	
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	0.09(M)

# Menu Calendar Nutrient Analysis Report - May, 2024

Site: COATESVILLE IHS  
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>INT Lunch, D6 - ServingDate: 05/13/2024</b>																			
Sandwich, Cheeseburger, MMA, WG - LR100073 (1 sandwich)	200	375.69	17.56	7.03	0.50	57.66	772.75	33.01	3.00	2.51	0.00(M)	20.53	3.08	135.48	1.00(M)	1.00(M)	0.00(M)	25.31 (M)	(M)
Sandwich, Toasted Cheese, MMA, WG - LR100076 (1 sandwich)	200	362.75	20.23	10.13	0.00	50.63	1290.00	34.05	4.00	6.03	(M)	18.13	1.44	355.75	607.50 (M)	0.00(M)	(M)	(M)	(M)
Baby Carrots School Pack, 100/2.6oz, Grimmway Farms 88139, VEG-RO - SR108587 (1 Bag)	350	30.00	0.00	0.00	0.00	0.00	60.00	7.00	2.00	5.00	(M)	1.00	0.36	20.00	(M)	(M)	(M)	(M)	(M)
Campbell's Tomato Soup Condensed, 000000016 - SR109412 (1/2 cup conden)	300	90.00	0.00	0.00	0.00	0.00	480.00	20.00	1.00	12.00	7.00	2.00	0.60	20.00	0.00(M)	0.00(M)	(M)	290.00	(M)
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	450	65.00	0.00	0.00	0.00	0.00	2.50	16.00	0.00	15.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Peaches, yellow clingstone, canned, sliced, packed in extra light syrup [100219, A433] - SR105223 (1/2 c.)	450	53.00	0.13	0.00	0.00	0.00	6.00	13.39	1.30	(M)	(M)	0.50	0.38	6.00	340.00	3.81	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	450	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)
Condiment Variety - LR100157 (1 serv.)	250	107.29	7.88	0.76	0.00(M)	3.79(M)	468.47	7.45	0.00(M)	4.55	2.66(M)	0.00	0.00	6.30	94.50 (M)	0.00(M)	0.00(M)	0.00(M)	(M)
<b>INT Lunch, D7 - ServingDate: 05/14/2024</b>																			
Chicken, WG Drumstick, Tyson, MMA, WG - LR100170 (1 ea.)	200	190.00	11.00	2.50	0.00	50.00	450.00	5.00	1.00	0.00	(M)	16.00	1.08	20.00	100.00	0.00	(M)	(M)	(M)
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	100	625.58	16.79	5.21	0.00(M)	51.34 (M)	1138.67	93.20	9.83	37.62 (M)	24.17 (M)	25.18	2.65(M)	228.65 (M)	4544.04 (M)	16.21 (M)	0.00(M)	140.73 (M)	9.35(M)
Pizza, Cheese, Stuffed Crust, 100% Mozzarella, The MAX, 5 oz, ConAgra Foodservice, 77387-12616, MMA, WGR, Veg-RO - SR102041 (1 slice cook)	200	320.00	12.00	6.00	0.00	35.00	570.00	36.00	4.00	5.00	(M)	17.00	2.40	350.00	(M)	(M)	0.00	300.00	(M)

# Menu Calendar Nutrient Analysis Report - May, 2024

Site: COATESVILLE IHS  
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Ash (g)
<b>INT Lunch, D6 - ServingDate: 05/13/2024</b>	
Sandwich, Cheeseburger, MMA, WG - LR100073 (1 sandwich)	(M)
Sandwich, Toasted Cheese, MMA, WG - LR100076 (1 sandwich)	(M)
Baby Carrots School Pack, 100/2.6oz, Grimmway Farms 88139, VEG-RO - SR108587 (1 Bag)	(M)
Campbell's Tomato Soup Condensed, 000000016 - SR109412 (1/2 cup conden)	(M)
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	(M)
Peaches, yellow clingstone, canned, sliced, packed in extra light syrup [100219, A433] - SR105223 (1/2 c.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
Condiment Variety - LR100157 (1 serv.)	(M)
<b>INT Lunch, D7 - ServingDate: 05/14/2024</b>	
Chicken, WG Drumstick, Tyson, MMA, WG - LR100170 (1 ea.)	(M)
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	0.09(M)
Pizza, Cheese, Stuffed Crust, 100% Mozzarella, The MAX, 5 oz, ConAgra Foodservice, 77387- 12616, MMA, WGR, Veg-RO - SR102041 (1 slice cook)	(M)

# Menu Calendar Nutrient Analysis Report - May, 2024

Site: COATESVILLE IHS  
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>INT Lunch, D7 - ServingDate: 05/14/2024</b>																			
Biscuit, Mini Baked Whole Grain, 1 oz., Pillsbury General Mills, 32272, WGR - SR107538 (1 biscuit)	200	100.00	4.50	3.00	0.00	0.00	150.00	12.00	1.00	1.00	0.99	2.00	0.70	80.00	0.00(M)	0.00(M)	0.00	110.00	(M)
Baby Carrots School Pack, 100/2.6oz, Grimmway Farms 88139, VEG-RO - SR108587 (1 Bag)	300	30.00	0.00	0.00	0.00	0.00	60.00	7.00	2.00	5.00	(M)	1.00	0.36	20.00	(M)	(M)	(M)	(M)	(M)
Baked Beans Vegetarian - ER1543 (1/2 c.)	200	136.01	0.57	0.10	0.00(M)	0.00	199.31	30.85	5.48	2.77(M)	(M)	6.37	1.64	48.47	158.16	0.15	0.00(M)	2.93(M)	2.09(M)
Applesauce, Unsweetened, Cinnamon, 4.5 oz. container, Peterson Farms, ASA10013, F - SR108794 (1 Container)	450	50.00	0.00	0.00	0.00	0.00	0.00	14.00	1.00	12.00	0.00	0.00	0.00	5.00	0.00(M)	(M)	0.00	95.00	(M)
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	450	65.00	0.00	0.00	0.00	0.00	2.50	16.00	0.00	15.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	450	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)
Condiment Variety - LR100157 (1 serv.)	100	107.29	7.88	0.76	0.00(M)	3.79(M)	468.47	7.45	0.00(M)	4.55	2.66(M)	0.00	0.00	6.30	94.50 (M)	0.00(M)	0.00(M)	0.00(M)	(M)
<b>INT Lunch, D9 - ServingDate: 05/16/2024</b>																			
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	100	625.58	16.79	5.21	0.00(M)	51.34 (M)	1138.67	93.20	9.83	37.62 (M)	24.17 (M)	25.18	2.65(M)	228.65 (M)	4544.04 (M)	16.21 (M)	0.00(M)	140.73 (M)	9.35(M)
French Bread Cheese Pizza - SR100365 (1 portion)	200	300.00	11.00	3.50	0.00	15.00	430.00	32.00	3.00	8.00	2.00	17.00	2.30	320.00	110.00	2.00	0.00	460.00	(M)
Rotini w/Meat Sauce, MMA, Non-WG, Veg-RO - LR100156 (1 serv.)	200	306.00	4.00	1.04	0.00	27.00	327.00	47.37	4.40	2.50(M)	0.00(M)	20.79	4.21	51.50	0.00(M)	0.00(M)	0.00(M)	168.03 (M)	(M)
Bread, Texas Toast, Garlic Whole Grain, RF, LS, 1.31 oz, Bake Crafters, 1605, WGR - SR107169 (1 ea.)	200	100.00	3.50	0.50	0.00	0.00	125.00	14.00	1.00	0.99	0.00	3.00	1.10	10.00	0.00(M)	0.00(M)	0.10	130.00	(M)
Cucumbers w/Cherry Tomatoes - LR100142 (1/2 c.)	400	10.61	0.03	0.01	0.00(M)	0.00	2.26	2.43	0.63	1.43	(M)	0.42	0.16	6.64	337.70	5.50	0.00(M)	38.22 (M)	24.76

# Menu Calendar Nutrient Analysis Report - May, 2024

Site: COATESVILLE IHS  
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Ash (g)
<b>INT Lunch, D7 - ServingDate: 05/14/2024</b>	
Biscuit, Mini Baked Whole Grain, 1 oz., Pillsbury General Mills, 32272, WGR - SR107538 (1 biscuit)	(M)
Baby Carrots School Pack, 100/2.6oz, Grimmway Farms 88139, VEG-RO - SR108587 (1 Bag)	(M)
Baked Beans Vegetarian - ER1543 (1/2 c.)	0.10(M)
Applesauce, Unsweetened, Cinnamon, 4.5 oz. container, Peterson Farms, ASA10013, F - SR108794 (1 Container)	(M)
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
Condiment Variety - LR100157 (1 serv.)	(M)
<b>INT Lunch, D9 - ServingDate: 05/16/2024</b>	
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	0.09(M)
French Bread Cheese Pizza - SR100365 (1 portion)	(M)
Rotini w/Meat Sauce, MMA, Non-WG, Veg-RO - LR100156 (1 serv.)	(M)
Bread, Texas Toast, Garlic Whole Grain, RF, LS, 1.31 oz, Bake Crafters, 1605, WGR - SR107169 (1 ea.)	(M)
Cucumbers w/Cherry Tomatoes - LR100142 (1/2 c.)	0.10



# Menu Calendar Nutrient Analysis Report - May, 2024

Site: COATESVILLE IHS  
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>INT Lunch, D9 - ServingDate: 05/16/2024</b>																			
Salad, Garden, Veg-DG, Veg-RO, Veg-O - LR100139 (1 cup (washe)	400	25.27	0.30	0.05	0.00	0.00	43.64	4.90	1.96	1.81	(M)	2.14	1.52	59.47	7632.15	19.33	0.00	400.16	136.64
Apples, Slices, 2 oz. bags, Peterson Farms, 203102 - SR107959 (1 Bag)	450	30.00	0.00	0.00	0.00(M)	0.00(M)	0.00	7.00	1.00	6.00	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	39.00	(M)	(M)	(M)
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	450	65.00	0.00	0.00	0.00	0.00	2.50	16.00	0.00	15.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	450	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)
Condiment Variety - LR100157 (1 serv.)	100	107.29	7.88	0.76	0.00(M)	3.79(M)	468.47	7.45	0.00(M)	4.55	2.66(M)	0.00	0.00	6.30	94.50 (M)	0.00(M)	0.00(M)	0.00(M)	(M)
<b>INT Lunch, D10 - ServingDate: 05/17/2024</b>																			
Chicken Fajitas HS - ER1307 (1 ea.)	200	454.92	20.47	11.35	0.00(M)	104.52	1264.54	39.44	5.89	5.21(M)	0.00(M)	27.86	1.38(M)	317.55 (M)	700.74 (M)	17.44 (M)	0.00(M)	148.04 (M)	49.98 (M)
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	100	625.58	16.79	5.21	0.00(M)	51.34 (M)	1138.67	93.20	9.83	37.62 (M)	24.17 (M)	25.18	2.65(M)	228.65 (M)	4544.04 (M)	16.21 (M)	0.00(M)	140.73 (M)	9.35(M)
Sandwich, Spicy Chicken Patty, MMA, WG - LR100111 (1 sandwich)	200	370.00	12.00	2.00	0.00	45.00	620.00	41.00	4.00	3.00	1.00(M)	25.00	3.00	56.00	1.00(M)	1.00(M)	0.00(M)	769.86 (M)	(M)
Baby Carrots School Pack, 100/2.6oz, Grimmway Farms 88139, VEG-RO - SR108587 (1 Bag)	350	30.00	0.00	0.00	0.00	0.00	60.00	7.00	2.00	5.00	(M)	1.00	0.36	20.00	(M)	(M)	(M)	(M)	(M)
Vegetables, Broccoli, Steamed, Veg - DG - SR104391 (1/2 c.)	350	38.55	0.42	0.13	0.00	0.00	37.42	7.53	2.95	1.93	(M)	3.20	0.83	53.30	706.47	101.15	0.00	358.34	101.26
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	450	65.00	0.00	0.00	0.00	0.00	2.50	16.00	0.00	15.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Tangerines, (mandarin oranges), canned, juice pack - SR105085 (1/2 c.)	450	46.06	0.04	0.00	0.00	0.00	6.22	11.91	0.87	11.04	(M)	0.77	0.34	13.70	1060.74	42.58	0.00	165.59	111.44
Milk Selection - LR100044 (8 oz.)	450	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)
Condiment Variety - LR100157 (1 serv.)	175	107.29	7.88	0.76	0.00(M)	3.79(M)	468.47	7.45	0.00(M)	4.55	2.66(M)	0.00	0.00	6.30	94.50 (M)	0.00(M)	0.00(M)	0.00(M)	(M)

# Menu Calendar Nutrient Analysis Report - May, 2024

Site: COATESVILLE IHS  
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Ash (g)
<b>INT Lunch, D9 - ServingDate: 05/16/2024</b>	
Salad, Garden, Veg-DG, Veg-RO, Veg-O - LR100139 (1 cup (washe)	1.16
Apples, Slices, 2 oz. bags, Peterson Farms, 203102 - SR107959 (1 Bag)	(M)
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
Condiment Variety - LR100157 (1 serv.)	(M)
<b>INT Lunch, D10 - ServingDate: 05/17/2024</b>	
Chicken Fajitas HS - ER1307 (1 ea.)	0.81(M)
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	0.09(M)
Sandwich, Spicy Chicken Patty, MMA, WG - LR100111 (1 sandwich)	(M)
Baby Carrots School Pack, 100/2.6oz, Grimmway Farms 88139, VEG-RO - SR108587 (1 Bag)	(M)
Vegetables, Broccoli, Steamed, Veg - DG - SR104391 (1/2 c.)	0.99
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	(M)
Tangerines, (mandarin oranges), canned, juice pack - SR105085 (1/2 c.)	0.35
Milk Selection - LR100044 (8 oz.)	(M)
Condiment Variety - LR100157 (1 serv.)	(M)

# Menu Calendar Nutrient Analysis Report - May, 2024

Site: COATESVILLE IHS  
Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>INT Lunch, D11 - ServingDate: 05/20/2024</b>																			
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	100	625.58	16.79	5.21	0.00(M)	51.34 (M)	1138.67	93.20	9.83	37.62 (M)	24.17 (M)	25.18	2.65(M)	228.65 (M)	4544.04 (M)	16.21 (M)	0.00(M)	140.73 (M)	9.35(M)
Pasta, Three Cheese Cavatappi, Premium, 6 oz., JTM Food Group, 5773, MMA, WGR - SR109481 (6 ounces)	200	321.00	16.00	9.30	0.00	47.00	804.00	27.00	2.00	3.00	0.00	16.00	1.00	384.00	0.00(M)	0.00(M)	0.00	657.00	(M)
Sandwich, Cheeseburger, MMA, WG - LR100073 (1 sandwich)	200	375.69	17.56	7.03	0.50	57.66	772.75	33.01	3.00	2.51	0.00(M)	20.53	3.08	135.48	1.00(M)	1.00(M)	0.00(M)	25.31 (M)	(M)
Bread, Wheat Cluster Dinner Roll, 1.38oz, Morabito - SR101068 (1 ea.)	200	70.00	1.00	0.00	0.00	0.00	160.00	14.00	2.00	1.00	(M)	3.00	1.08	26.00	(M)	(M)	(M)	(M)	(M)
Carrots, Baby w/ Dip PPI, Veg-RO - SR106451 (4 oz.)	400	140.13	0.27	0.05	0.00	0.00	880.45	32.23	8.27	5.15(M)	3.44(M)	1.43	2.04	72.01	31272.00(M)	6.01(M)	0.00(M)	0.00(M)	(M)
Salad, Caesar Salad, Veg-DG - LR100012 (1 salad)	400	122.91	11.12	1.94	0.02	4.92	153.59	5.78	2.29	1.94	0.00(M)	2.51	1.07	52.98	9501.38 (M)	26.13 (M)	0.01(M)	3.60(M)	0.45(M)
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	450	65.00	0.00	0.00	0.00	0.00	2.50	16.00	0.00	15.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Peaches, yellow clingstone, canned, sliced, packed in extra light syrup [100219, A433] - SR105223 (1/2 c.)	450	53.00	0.13	0.00	0.00	0.00	6.00	13.39	1.30	(M)	(M)	0.50	0.38	6.00	340.00	3.81	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	450	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)
Condiment Variety - LR100157 (1 serv.)	300	107.29	7.88	0.76	0.00(M)	3.79(M)	468.47	7.45	0.00(M)	4.55	2.66(M)	0.00	0.00	6.30	94.50 (M)	0.00(M)	0.00(M)	0.00(M)	(M)
<b>INT Lunch, D12 - ServingDate: 05/21/2024</b>																			
Chicken, Mega Minis Chicken Chunks, Breaded, .42 oz., Tyson Foods Inc., 10269760928, MMA, WGR - SR109408 (10 pcs.)	200	257.14	12.86	2.14	0.00	57.14	485.71	14.29	1.43	0.00	0.00	22.86	1.43	0.00	0.00(M)	0.00(M)	0.00	700.30	(M)
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	100	625.58	16.79	5.21	0.00(M)	51.34 (M)	1138.67	93.20	9.83	37.62 (M)	24.17 (M)	25.18	2.65(M)	228.65 (M)	4544.04 (M)	16.21 (M)	0.00(M)	140.73 (M)	9.35(M)

# Menu Calendar Nutrient Analysis Report - May, 2024

Site: COATESVILLE IHS  
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Ash (g)
<b>INT Lunch, D11 - ServingDate: 05/20/2024</b>	
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	0.09(M)
Pasta, Three Cheese Cavatappi, Premium, 6 oz., JTM Food Group, 5773, MMA, WGR - SR109481 (6 ounces)	(M)
Sandwich, Cheeseburger, MMA, WG - LR100073 (1 sandwich)	(M)
Bread, Wheat Cluster Dinner Roll, 1.38oz, Morabito - SR101068 (1 ea.)	(M)
Carrots, Baby w/ Dip PPI, Veg-RO - SR106451 (4 oz.)	(M)
Salad, Caesar Salad, Veg-DG - LR100012 (1 salad)	0.78(M)
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	(M)
Peaches, yellow clingstone, canned, sliced, packed in extra light syrup [100219, A433] - SR105223 (1/2 c.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
Condiment Variety - LR100157 (1 serv.)	(M)
<b>INT Lunch, D12 - ServingDate: 05/21/2024</b>	
Chicken, Mega Minis Chicken Chunks, Breaded, .42 oz., Tyson Foods Inc., 10269760928, MMA, WGR - SR109408 (10 pcs.)	(M)
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	0.09(M)

# Menu Calendar Nutrient Analysis Report - May, 2024

Site: COATESVILLE IHS  
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>INT Lunch, D12 - ServingDate: 05/21/2024</b>																				
Pizza, Cheese, Stuffed Crust, 100% Mozzarella, The MAX, 5 oz, ConAgra Foodservice, 77387-12616, MMA, WGR, Veg-RO - SR102041 (1 slice cook)	200	320.00	12.00	6.00	0.00	35.00	570.00	36.00	4.00	5.00	(M)	17.00	2.40	350.00	(M)	(M)	0.00	300.00	(M)	
Pretzel, Soft Rods 51% Whole Grain 1oz, SuperPretzel, J&J, 31012, WGR - SR100240 (1 ea.)	200	70.00	0.50	0.00	0.00	0.00	40.00	14.00	1.00	0.00	(M)	2.00	0.72	0.00	0.00	0.00	(M)	(M)	(M)	
Mixed Vegetables, 4-Way Mixed Vegetables (Carrots, - SR101815 (1/2 Cup Cooked)	400	58.46	0.00	0.00	0.00	0.00	46.37	12.10	3.02	(M)	(M)	3.02	0.73	20.16	3527.93	9.07	(M)	(M)	(M)	
Vegetables, Cucumber with Ranch, Veg-O - SR103739 (1/2 cup, slice)	400	122.47	11.52	1.45	0.00	14.33	388.04	4.75	0.26	2.30	0.00(M)	1.77	0.15	49.89	54.60 (M)	1.46(M)	0.00	76.44	49.52 (M)	
Applesauce, Unsweetened, Cinnamon, 4.5 oz. container, Peterson Farms, ASA10013, F - SR108794 (1 Container)	450	50.00	0.00	0.00	0.00	0.00	0.00	14.00	1.00	12.00	0.00	0.00	0.00	5.00	0.00(M)	(M)	0.00	95.00	(M)	
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	450	65.00	0.00	0.00	0.00	0.00	2.50	16.00	0.00	15.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Milk Selection - LR100044 (8 oz.)	450	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)	
Condiment Variety - LR100157 (1 serv.)	350	107.29	7.88	0.76	0.00(M)	3.79(M)	468.47	7.45	0.00(M)	4.55	2.66(M)	0.00	0.00	6.30	94.50 (M)	0.00(M)	0.00(M)	0.00(M)	(M)	
<b>INT Lunch, D13 - ServingDate: 05/22/2024</b>																				
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	100	625.58	16.79	5.21	0.00(M)	51.34 (M)	1138.67	93.20	9.83	37.62 (M)	24.17 (M)	25.18	2.65(M)	228.65 (M)	4544.04 (M)	16.21 (M)	0.00(M)	140.73 (M)	9.35(M)	
PANCAKE SAUSAGE BITES LUNCH - ER1119 (6 piece)	200	360.00	18.00	5.00	0.00	50.00	560.00	30.00	6.00	8.00	(M)	12.00	20.00	4.00	0.00	0.00	(M)	(M)	(M)	
Sandwich, Chicken Patty, HS, MMA, WG - LR100072 (1 sandwich)	200	410.00	13.00	2.00	0.00	50.00	770.00	46.00	5.00	3.00	1.00(M)	27.00	4.00	69.00	1.00(M)	1.00(M)	0.00(M)	689.96 (M)	(M)	

# Menu Calendar Nutrient Analysis Report - May, 2024

Site: COATESVILLE IHS  
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Ash (g)
<b>INT Lunch, D12 - ServingDate: 05/21/2024</b>	
Pizza, Cheese, Stuffed Crust, 100% Mozzarella, The MAX, 5 oz, ConAgra Foodservice, 77387- 12616, MMA, WGR, Veg-RO - SR102041 (1 slice cook)	(M)
Pretzel, Soft Rods 51% Whole Grain 1oz, SuperPretzel, J&J, 31012, WGR - SR100240 (1 ea.)	(M)
Mixed Vegetables, 4- Way Mixed Vegetables (Carrots, - SR101815 (1/2 Cup Cooked)	(M)
Vegetables, Cucumber with Ranch, Veg-O - SR103739 (1/2 cup, slice)	0.20(M)
Applesauce, Unsweetened, Cinnamon, 4.5 oz. container, Peterson Farms, ASA10013, F - SR108794 (1 Container)	(M)
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
Condiment Variety - LR100157 (1 serv.)	(M)
<b>INT Lunch, D13 - ServingDate: 05/22/2024</b>	
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	0.09(M)
PANCAKE SAUSAGE BITES LUNCH - ER1119 (6 piece)	(M)
Sandwich, Chicken Patty, HS, MMA, WG - LR100072 (1 sandwich)	(M)

# Menu Calendar Nutrient Analysis Report - May, 2024

Site: COATESVILLE IHS  
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>INT Lunch, D13 - ServingDate: 05/22/2024</b>																			
Potatoes, Fries, Harvest Splendor Sweet Potato Crosstrax, 3.02 oz, McCain, MCF05074, Veg-RO - SR106352 (6 1/8 ounces)	450	320.00	12.00	2.00	0.00	0.00	380.00	50.00	2.00	16.00	2.00	2.00	0.80	60.00	2840.00	0.00(M)	0.00	539.56	(M)
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	450	65.00	0.00	0.00	0.00	0.00	2.50	16.00	0.00	15.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Pears, Bartlett, canned, diced, packed in extra light sucrose syrup [110237] - SR105228 (1/2 c.)	450	57.99	0.12	0.00	0.00	0.00	2.00	15.12	2.00	(M)	(M)	0.38	0.24	8.00	0.00	2.50	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	450	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)
Condiment Variety - LR100157 (1 serv.)	350	107.29	7.88	0.76	0.00(M)	3.79(M)	468.47	7.45	0.00(M)	4.55	2.66(M)	0.00	0.00	6.30	94.50 (M)	0.00(M)	0.00(M)	0.00(M)	(M)
<b>INT Lunch, D14AB - ServingDate: 05/23/2024</b>																			
Chicken, General Tso's Whole Grain, Green Dragon, Asian Food Solutions, 72003, MMA, WGR - SR106073 (4 ounces)	200	213.23	7.11	1.02	0.00	50.77	456.92	24.37	2.03	13.20	14.22	12.18	0.73	20.31	0.00	0.00	(M)	(M)	(M)
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	100	625.58	16.79	5.21	0.00(M)	51.34 (M)	1138.67	93.20	9.83	37.62 (M)	24.17 (M)	25.18	2.65(M)	228.65 (M)	4544.04 (M)	16.21 (M)	0.00(M)	140.73 (M)	9.35(M)
French Bread Cheese Pizza - SR100365 (1 portion)	200	300.00	11.00	3.50	0.00	15.00	430.00	32.00	3.00	8.00	2.00	17.00	2.30	320.00	110.00	2.00	0.00	460.00	(M)
Rice, Brown Whole Grain Parboiled, Riceland, 4628053, WGR - SR107221 (44 grams)	200	160.00	1.50	0.00	0.00	0.00	2.66	33.00	2.00	0.00(M)	(M)	4.00	0.72	2.66	0.00	0.00	(M)	(M)	88.71 (M)
Baby Carrots School Pack, 100/2.6oz, Grimmway Farms 88139, VEG-RO - SR108587 (1 Bag)	350	30.00	0.00	0.00	0.00	0.00	60.00	7.00	2.00	5.00	(M)	1.00	0.36	20.00	(M)	(M)	(M)	(M)	(M)
Soybean, Shelled Edamame IQF Frozen, Monarch, US Foods, 61101, Veg-BP - SR109760 (1/2 c.)	300	120.00	6.00	0.50	0.00	0.00	15.00	9.00	4.00	3.00	(M)	11.00	2.70	150.00	0.00	24.00	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - May, 2024

Site: COATESVILLE IHS  
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Ash (g)
<b>INT Lunch, D13 - ServingDate: 05/22/2024</b>	
Potatoes, Fries, Harvest Splendor Sweet Potato Crosstrax, 3.02 oz, McCain, MCF05074, Veg-RO - SR106352 (6 1/8 ounces)	(M)
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	(M)
Pears, Bartlett, canned, diced, packed in extra light sucrose syrup [110237] - SR105228 (1/2 c.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
Condiment Variety - LR100157 (1 serv.)	(M)
<b>INT Lunch, D14AB - ServingDate: 05/23/2024</b>	
Chicken, General Tso's Whole Grain, Green Dragon, Asian Food Solutions, 72003, MMA, WGR - SR106073 (4 ounces)	(M)
Deli Line, INT. HS MMA, WG - LR100220 (1 ea.)	0.09(M)
French Bread Cheese Pizza - SR100365 (1 portion)	(M)
Rice, Brown Whole Grain Parboiled, Riceland, 4628053, WGR - SR107221 (44 grams)	0.09(M)
Baby Carrots School Pack, 100/2.6oz, Grimmway Farms 88139, VEG-RO - SR108587 (1 Bag)	(M)
Soybean, Shelled Edamame IQF Frozen, Monarch, US Foods, 61101, Veg-BP - SR109760 (1/2 c.)	(M)



# Menu Calendar Nutrient Analysis Report - May, 2024

Site: COATESVILLE IHS  
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>INT Lunch, D14AB - ServingDate: 05/23/2024</b>																			
Apples, Slices, 2 oz. bags, Peterson Farms, 203102 - SR107959 (1 Bag)	450	30.00	0.00	0.00	0.00(M)	0.00(M)	0.00	7.00	1.00	6.00	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	39.00	(M)	(M)	(M)
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	450	65.00	0.00	0.00	0.00	0.00	2.50	16.00	0.00	15.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	450	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)
Condiment Variety - LR100157 (1 serv.)	75	107.29	7.88	0.76	0.00(M)	3.79(M)	468.47	7.45	0.00(M)	4.55	2.66(M)	0.00	0.00	6.30	94.50 (M)	0.00(M)	0.00(M)	0.00(M)	(M)

**Legend**  
 (M) - Missing Nutrient Values

**Report Selections**  
 Meal Type: Lunch  
 Site Group: High School  
 Menu Line: Regular  
 Serving Group: 9-12  
 Nutrients Option: All  
 Peanuts, Pistachios, Cashews

# Menu Calendar Nutrient Analysis Report - May, 2024

Site: COATESVILLE IHS  
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Ash (g)
<b>INT Lunch, D14AB - ServingDate: 05/23/2024</b>	
Apples, Slices, 2 oz. bags, Peterson Farms, 203102 - SR107959 (1 Bag)	(M)
Juice, Assorted, 4.23 oz. - LR100218 (4 1/4 oz.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
Condiment Variety - LR100157 (1 serv.)	(M)